

# Symptomatic Child at Home

## DECISION GUIDE



### Self-screening at home

First thing in the morning, the parent/child completes the School and Childcare Screening and follows prompts: <https://covid-19.ontario.ca/school-screening/>

If your child becomes ill at home with **ANY** of the following symptoms: fever and/or chills; cough or barking cough (croup); shortness of breath; decrease or loss of taste or smell;  
**OR**  
**TWO OR MORE** of the following symptoms: sore throat, extreme fatigue, muscle aches/joint pain, headache, runny nose/nasal congestion and/or GI symptoms (i.e. nausea, vomiting and/or diarrhea).

**YES**

**NO**

It is likely your child has COVID-19 and must isolate at home.

Your child must isolate for **5 days** from their symptom onset if:

- They are fully vaccinated, *OR*
- They are under 12 years of age

Your child must isolate for **10 days** from their symptom onset if:

- They are 12 years of age or older and partially vaccinated or unvaccinated, *OR*
- They are immunocompromised, regardless of age and vaccination status

Your child may return to school/childcare once their isolation has been completed and symptoms have been improving for at least 24 hours (or 48 hours for GI symptoms, i.e. nausea, vomiting and/or diarrhea).

It is less likely that your child has COVID-19. If your child becomes ill but does not meet the COVID-19 symptom criteria listed in the box above, your child must stay at home. If needed, contact a doctor to get advice or an assessment. Your child may return to school/childcare when their symptoms have been improving for at least 24 hours (or 48 hours for GI symptoms, i.e. nausea, vomiting and/or diarrhea).

All household members must isolate at home regardless of vaccination status. They must follow current isolation and testing guidance for individuals who have been exposed to COVID-19, which can be found in the link below:

[www.bchu.org/COVID19Guidance](http://www.bchu.org/COVID19Guidance)

Household members do not need to isolate. Siblings may continue to attend school/childcare.