



ÉCOLE DUFFERIN PUBLIC SCHOOL



106 Chestnut Street
Brantford, Ontario
N3T 4C6
519-752-8232
granderie.ca/dufferin

Principal

Andrea Smith

Office Staff

Melanie Banner

Donna Brown

mars/March 2023



Dear Dufferin Families:

As we move into March, we look forward to the first day of Spring and feel the hope of more moderate temperatures outside. February proved to be a very busy month for us. We recognized Black History Month, celebrated Carnival, participated in Pink Shirt Day, and sent our basketball teams to tournaments. As we look ahead to March and beyond, there will be numerous events and activities to support student engagement. We wish everyone a restful and rejuvenating break from March 13-17.

Yours in cooperation,

Mme A. Smith
Principal



March 1-Intermediate Students return from St Donat,
March 3-Learn, Lead, Inspire Assembly (2pm)
March 6-Tinker Trucks (KGN and Gr. 1)
March 8-Pizza Day, DPC 6:30 (Teams)
March 13-17-March Break
March 22-Pizza Day
March 29-grade 8 Grad Photos, Pita Pit
March 30, 31-BCHU Vision screening for SK students

Dufferin Parent Council

Our next virtual school council meeting will be on March 8 at 6:30 p.m. Please email Mme A. Smith for the link if you would like to join us. Thanks to all who requested a sample box for our Big Box Greeting Card Fundraiser. Sample boxes will be sent home with students the week prior to March Break to kick-off a 3 week campaign. If you did not request a sample box, you can still participate and enter your orders through School Cash Online by March 21. To see a sample of the box with details, click the link below:

[Big Box Gift Cards](#)

Spiritwear Campaign: DPC has launched a Spiritwear campaign. Families can order directly through the link provided in the flyer. All items will be shipped to the school and distributed to students at school.



ECOLE DUFFERIN

2022/2023 SPIRIT WEAR

ORDER YOUR SCHOOL APPAREL ONLINE @ SCHOOLTEE.COM

STEP 1. - Input School Access Code

← → X schooltee.com

Sign-in | Create Account

Access Code: **DUFF.BTF**

STEP 2. - Choose desired garment(s) / Add to cart

STEP 3. - Go to cart to checkout

- Complete the prompted "Create an Account" steps to continue to checkout & input payment details.

- Email receipt upon successful order completion

* Please note website compatible with Google Chrome or Firefox browsers
CHECK SIZES CAREFULLY! WE CAN NOT REPLACE SIZING MISTAKES

Enter Your School Access Code to View Products

Access Code: **DUFF.BTF**



All garments are screen printed with your School Logo



\$17.45
YOUTH

\$17.95
ADULT

Unisex T
Navy, Royal, Hot Pink, Purple or Dark Heather Grey
Sizes: YXS to YXL / AS to A3XL
add \$2 extra for 2XL & 3XL.



\$20.95
ADULT

Ladies Fitted T
Navy, Hot Pink, Purple or Dark Heather Grey
Sizes: AS to A2XL
add \$2 extra for 2XL.



\$36.45
YOUTH

\$36.95
ADULT


Pullover
Navy, Royal, Hot Pink, Purple or Dark Heather Grey
Sizes: YS to YXL / AS to A2XL
add \$2 extra for 2XL.



\$31.45
YOUTH

\$31.95
ADULT


Crew Neck Sweatshirt
Adult / Youth Sizes: Navy or Royal
Adult Only: Dark Grey
Sizes: YS to YXL / AS to A2XL
add \$2 extra for 2XL.



\$42.45
YOUTH

\$42.95
ADULT

Two Toned Hoodie
Sport Grey Body w/ Navy Sleeves
Sizes: YS to YXL / AS to A2XL
add \$2 extra for 2XL.



\$21.45
YOUTH

\$21.95
ADULT

Longsleeve Tee
Navy, Royal or Dark Heather Grey
Sizes: YS to YXL / AS to A2XL
add \$2 extra for 2XL.

SCHOOL NOVELTY SHIRTS

Logo Choice - (World) Be Kind

Logo Choice - (Peace) Be Kind



\$18.45
YOUTH

\$18.95
ADULT

GRAPHIC UNISEX TEE
Available in: Black, Navy or Dark Heather Grey
Sizes: YS to YXL / AS to A2XL
add \$2 extra for 2XL.



\$18.45
YOUTH

\$18.95
ADULT

GRAPHIC UNISEX TEE
Available in: Hot Pink
Sizes: YS to YXL / AS to A2XL
add \$2 extra for 2XL.



\$37.45
YOUTH

\$37.95
ADULT

GRAPHIC HOODIE
Available in: Black, Navy or Dark Heather Grey
Sizes: YS to YXL / AS to A2XL
add \$2 extra for 2XL.



\$37.45
YOUTH

\$37.95
ADULT

GRAPHIC HOODIE
Available in: Hot Pink
Sizes: YS to YXL / AS to A2XL
add \$2 extra for 2XL.



160 Melair Dr. Ayr, ON N0B 1E0

E-mail: info@schooltee.com
Phone: 1-800-463-5050
Fax: 1-877-972-2222
Web: www.schooltee.com (F-CC)

Supporting Your Child's Mental Health

School Mental Health Ontario offers a variety of resources for staff and families to support students with their mental well-being.

Stress Management and Coping

How children cope with stress varies depending on their age and abilities. Too much stress might look like stomach aches, temper tantrums, worry or irritability. These activities will help children learn some healthy ways to cope with stress, such as deep breathing.

Here are the strategies:

- Deep belly breathing
- Snowstorm in a bag
- Emotion Charades
- What's the temperature?
- Gratitude Moment
- Four Finger Affirmation
- Kindness Jar
- Notice the Positive
- Show and Share
- Inspirational Graffiti
- Organizing Pause
- Stop, think, and go problem solving

For a full description of each strategy, click on the link below to view a PDF with visuals and descriptions:

[Strategies for Managing Stress \(PDF\)](#)

From: School Mental Health Ontario (<https://smho-smso.ca/blog/online-resources/easy-and-fun-mental-health-activities-for-home/>)



Inclement Weather and Transportation

Winter is just around the corner. In the event of inclement weather, there is the potential for transportation delays or cancellations and school closures.

Dufferin bus routes are in Zone 4.

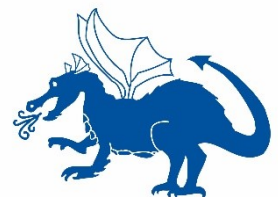
If transportation is cancelled for schools in Zone 4, École Dufferin will be closed.

Inclement Weather Information:

- Information on Student Transportation Services can be found here: <http://www.stsbhn.ca/>
- If there are school or board facility closures, Grand Erie will post a notification by 6:30 a.m. on the Board's website here: www.granderie.ca
- Information will be posted on Grand Erie's Twitter (@GEDSB)
- Find the Board's Inclement Weather Policy here: <https://bit.ly/2HoC1YX>

Parking Reminders

The staff parking lot is not available during student drop off and pick up for safety reasons. Please do not use this area during morning arrival and pick up at dismissal. Thank you for your cooperation.



Building Healthy Relationships

Healthy relationships provide children with: a sense of security and stability; a sense of being valued and belonging; support and guidance to learn essential skills and understanding; and the ability to deal with stress. Here are some tips for supporting children:

- Connect positively with your children at every opportunity
- Relate to your child or teen in an age-appropriate way
- Help your children develop empathy and respect
- Help reduce the stress in their lives
- Be there: supervision matters
- Accept mistakes as learning opportunities
- Watch for signs of an unhealthy relationship

Remember positive parenting works.

(from Building Healthy Relationships, C.O.D.E-the Council of Ontario Directors of Education)

Triple P Parenting

The Triple P positive Parenting program is being offered this Spring. Triple P is an evidenced-based Positive Parenting program that provides parents with new ideas, strategies, and skills to help build positive behaviours in their children (0-12). To register please visit <https://www.triplep-parenting.ca>. Light refreshments will be provided.

DATE: March 8, 15, 22, April 12, 2023 (in person)
March 29 and April 5 (phone call check ins)

TIME: 6pm-8pm

VENUE: Early ON Brantford – 30 Bell Lane,
Brantford ON, N3T 6K5

For more information please call: 519-759-3833
Ext. 122 (Debbie) 106 (Kelly) or 105 (Barb R.)

Inspiring Your Child to Love and Learn Math

You are a mathematician! Children learn by imitating the people around them. They make meaning through experience and by interacting with important people in their lives. Parent imitation and modelling is essential for children to develop healthy academic skills.

Think Out Loud:

One of the best ways for you to be a math role model is to talk out loud as you work your way through everyday tasks. Thinking out loud allows your child to hear how you think, and it helps them to develop important skills required for “thinking things out” by posing and solving problems. When your child sees you making predictions and observations, identifying problems, using problem-solving strategies, and solving real problems, they are more likely to adopt your behaviours and attitudes.

Don't take shortcuts:

When you see your child using an unfamiliar strategy to add multi-digit numbers, try not to say, “Here, let me show you my way—it’s simpler and faster.” This response might undermine the teacher’s instruction, which is based on principles of children’s mathematical development. It also might confuse your child if they are not at the right stage of their math learning journey to understand your shortcuts or “tricks”.

(Inspiring Your Child to Learn and Love Math.. C.O.D.E-
The Council of Ontario Directors of Education)

