

Daily Learning Planner

*Ideas parents can use to help students
do well in school.*

Grand Erie District School Board
Growing Excellence ... Inspiring Success



THE
PARENT
INSTITUTE®

December 2016

Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Get some exercise with your child today.
- 2. Near the end of a study session, suggest that your child ask herself, "Can I do one more thing?" Small things add up.
- 3. Encourage your child to take photos during a family outing.
- 4. Is there a quotation that inspires you? Share it with your child.
- 5. Ask to see your child's homework.
- 6. Don't let holiday plans derail your child's study routine.
- 7. Check on your child's goals for the school year. Is he making progress?
- 8. Make a special snack for your child. Talk about her day while she enjoys it.
- 9. Talk about your expectations with your child. Ask if there's a new responsibility he thinks he can handle.
- 10. Let your child see you reading for pleasure.
- 11. Have your child choose a recipe to follow from a cookbook.
- 12. Suggest your child give a gift of time during the holidays. Look for volunteering activities you can do together.
- 13. Help your child brainstorm fun things she can do inside. Write each idea on an index card. When she is bored, have her pick a card.
- 14. One night this week, watch your child's favorite TV show with him. Talk about it together.
- 15. Take advantage of time in the car with your child. You can talk privately without interruption.
- 16. It's the anniversary of the Boston Tea Party. With your child, learn more about this historic event.



- 17. Before your child buys something, encourage him to compare prices and return policies.
- 18. Put on a family talent show.
- 19. Talk with your child about things you both could do to conserve energy and natural resources.
- 20. Meet the parents of your child's friends. Work as a team to keep your kids safe.
- 21. Make a homework box and fill it with school supplies.
- 22. Help your child think of ways to say *no* to drugs and alcohol.
- 23. Ask each family member to put two items that have special meaning into a family time capsule. Plan to open it in 10 years.
- 24. Tell your child something you love and admire about her.
- 25. Spend some extra time talking with your child today.
- 26. Expect your child to write thank-you notes for gifts. It's polite and it builds writing skills.
- 27. Give your child a specific compliment today.
- 28. Start a jigsaw puzzle with your child.
- 29. Ask your child to look up a few new words in the dictionary and explain their meanings to you.
- 30. Have your child relate the kindest thing anyone has ever done for him.
- 31. Review the year with your child. List some of her accomplishments.

Helping Students Learn
MIDDLE SCHOOL
Tips Families Can Use to Help Students Do Better in School