

Daily Learning Planner

*Ideas parents can use to help students
do well in school.*

Grand Erie District School Board
Growing Excellence ... Inspiring Success



THE
PARENT
INSTITUTE®

November 2016

Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Discuss recent world events at the dinner table.
- 2. Talk with your child about the consequences of breaking family rules.
- 3. Have your child gather information from several places where he would like to volunteer.
- 4. Have your child pack her backpack in the evening and set it by the door. This prevents frantic searches in the morning.
- 5. Visit the library with your child. Check out some books to read over the weekend.
- 6. Look through some job listings with your child. Does he see his dream job? What about it appeals to him?
- 7. Play a memory game with your child. Try to remember things you each did the day before yesterday.
- 8. Listen to your child's favorite song. Ask what she likes most about it.
- 9. Practice estimating with your child. How many paper clips will fit in his hand? How long a chain will they make?
- 10. Make a list of healthy breakfast-on-the-go foods your child can grab on the way out the door.
- 11. It's Veterans Day in the U.S. and Remembrance Day in Canada. Talk with your child about respect for veterans.
- 12. Discuss one of your values with your child. Parents' opinions do matter to kids.
- 13. Say, "I love you" to your child at least twice a day. Before school and at bedtime are good times.
- 14. Ask your child to name her top three strengths.
- 15. Challenge your child to run a 30-yard dash. Time him. Ask him to keep practicing to improve his time.
- 16. Talk with your child about whether her classes are challenging enough for her.
- 17. Ask your child what he thinks high school will be like.
- 18. Make eye contact with your child while she talks.
- 19. Notice things that cause your child stress. Help him find ways to deal with them.
- 20. Encourage your child to drink water while studying. Being hydrated can boost alertness.
- 21. Make your home kid friendly with snacks and fun games.
- 22. Let your child help you research a major purchase. List important features and ask your child to find the best deal.
- 23. Ask your child to explain a homework assignment to you.
- 24. At dinner, have family members name three things they are thankful for.
- 25. Have your child tell you about historical figures she is studying.
- 26. Encourage your child to write a letter to a long-distance relative.
- 27. Ask your child, "How is school going outside of classes?"
- 28. Suggest that your child keep a homework diary. He can keep track of study methods he uses and how they work for him.
- 29. Ask your child how she decides who her friends will be.
- 30. Give your child some graph paper to use in math class. It will help him work with columns of numbers.



Helping Students Learn
MIDDLE SCHOOL
Tips Families Can Use to Help Students Do Better in School