

Daily Learning Planner

*Ideas parents can use to help students
do well in school.*

Grand Erie District School Board
Growing Excellence ... Inspiring Success



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Talk to your child about your expectations. Is there a new responsibility he thinks he could handle?
- 2. Challenge your child to see how many nights she can go without TV.
- 3. Ask your child to count how many fruits and vegetables your family eats in a day. Fewer than five? What improvements can you make?
- 4. Commit to keeping holiday plans from interfering with your child's study routines.
- 5. Praise your child when he studies hard.
- 6. Brainstorm with your family about a common challenge, such as how to assign chores fairly.
- 7. Enjoy some physical activity with your child.
- 8. Suggest your child donate some of her time over the holidays. Look for volunteer activities you can do together.
- 9. Give your child a coupon good for time together.
- 10. Ask your child to be in charge of a holiday task, such as taking photos.
- 11. Ask your child to explain a homework assignment to you.
- 12. Learn some sign language. Can your family use it to communicate?
- 13. Together, make a collage of photos taken of your child this past year.
- 14. Have each family member prepare part of a meal, then eat together.
- 15. Start a jigsaw puzzle with your child.
- 16. It's the anniversary of the Boston Tea Party. Help your child learn about this historic event.
- 17. Listen to your child's favorite radio station in the car. Exchange opinions about what you hear.



- 18. Watch the news with your child. Ask what he thinks about an important issue.
- 19. With your child, think of as many city nicknames as you can: Windy City (Chicago), Mile High City (Denver), the Big Apple (New York).
- 20. When shopping, have your child try to figure the tax on your total.
- 21. Practice the art of compromise. Pick something you are flexible on to negotiate with your child.
- 22. Have your child call or check out your state's tourism office online. Is there a place she'd like to visit?
- 23. Ask your child how school is going. Would he like to improve his grade in a particular subject?
- 24. Do a secret good deed with your child. The fun is in helping out, not in getting thanks.
- 25. Turn off the TV for an entire day.
- 26. Make a positive comment about one of your child's friends.
- 27. Practice active listening with your child. Listen carefully while she talks. Repeat what you heard in your own words.
- 28. Hang a chalkboard in your home. It's a fun place to practice math problems.
- 29. Visit a nearby college and have a bite to eat in the snack bar.
- 30. Making a rule? Remember to be firm, fair and consistent.
- 31. When your child brings home a test, notice which answers he got right. Help him recognize his successes.

Helping Students Learn
MIDDLE SCHOOL
Tips Families Can Use to Help Students Do Better in School