

LUNCH DESTINATION PERMISSION FORM

Our balanced day timetable allows for two 40-minute nutrition breaks. Each nutrition break will consist of a 20-minute eating period and a 20-minute period for outdoor play. The first break will begin at 10:25 a.m. All students must stay at school during the first break. The second break will be from 12:45 p.m. to 1:25 p.m. During the second break, students may leave the school property for lunch with parental permission.

During each nutrition break, staff will supervise students in their classrooms. Parents are asked to remember that our school is a peanut-aware facility.

As with all school-related activities, students are expected to behave in a polite and respectful manner. They are also asked to clean up after themselves and wash their hands before eating.

We encourage students to bring litterless, nutritious lunches. Please consider this when packing two meals, one for each break. To help out with this, Mrs. Teena Hamilton, our Milk Coordinator, will make milk available to students during both nutrition breaks beginning Monday, September 15, 2014. To order milk, you may obtain a form from Mrs. Teena Hamilton or the school office.

Please fill in the form below to indicate (√) where you would like your child to stay during the second nutrition break at 12:45 p.m. If your plans change on any given day, we will require a note signed by you, outlining the change.



Name of Child(ren)

Name of Teacher(s)

- I am giving my child / children permission to leave the school grounds at 12:45 p.m.
- I require my child / children to stay at school everyday during both breaks.

Signature of Parent / Guardian