

Daily Learning Planner

*Ideas parents can use to help students
do well in school*

Grand Erie District School Board
Growing Excellence ... Inspiring Success



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Take turns with your child making statements. Decide whether each one is fact or opinion.
- 2. Have you met your child's teachers? If not, set up appointments soon.
- 3. Ask your child to make graphs of family habits. How long does each person sleep? Who reads the most?
- 4. Help your child think of ways to help others.
- 5. See how many words you and your child can use to describe the day's weather. For example, *foggy, cloudy, wet, dreary*.
- 6. Ask your child the conditions that are best for her to do homework. Knowing how she likes to learn will help her succeed.
- 7. Make up a story with your child. Take turns adding sentences.
- 8. Ask your child: "Do you think honesty is always the best policy? Why or why not?"
- 9. Have your child pretend to be mayor for the day. What three ideas would make your community a better place?
- 10. The lines of communication you open now will help you and your child through the teen years.
- 11. It's Veterans Day in the U.S. and Remembrance Day in Canada. Talk with your child about respect for veterans.
- 12. Turn off the TV for the day. Use books, games, talking and exercise as entertainment.
- 13. Practice estimating with your child. How many popped popcorn kernels will fit in his hand? How many oranges are in a bag?
- 14. Before you let your child see a movie, read reviews or see it yourself.
- 15. Have you discussed sex, drugs and other tough topics with your child? Make plans to do this.
- 16. Make today dictionary day. Talk with your child about new words that you each think should be in the dictionary.
- 17. Have your child put her backpack by the door each evening. This prevents frantic searches in the morning.
- 18. Take a walk or enjoy some physical activity with your child.
- 19. Start a family journal of highlights and accomplishments.
- 20. Remind your child not to reveal personal information online.
- 21. Cook dinner as a family.
- 22. When your child misbehaves, apply consequences that teach rather than punish.
- 23. At dinner, have family members name three things they are thankful for.
- 24. Give your child an allowance. Make him responsible for buying and saving for certain items.
- 25. Sort through family photos together. Pick some to put on display.
- 26. Fitting in is important to middle schoolers. Minimize battles over clothes and hair.
- 27. Plan a weekend family activity. Let your child invite a friend.
- 28. Make sure your child sees you reading for pleasure ... often.
- 29. Help your child make a time line of her life.
- 30. It's Mark Twain's birthday. Read one of his stories with your child.

Helping Students Learn
MIDDLE SCHOOL
Tips Families Can Use to Help Students Do Better in School