



# Banbury Heights School

141 Banbury Road, Brantford, ON N3P 1E3  
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## October 2018

### Principal

Pete Ashe

### Vice-Principal

Barkev Poladian

### Office Secretaries

Brenda Jones Kathy Hurst



We have had a wonderful first month of school and are looking forward to even more great days at Banbury Heights! Staff and students have been working hard and improving every day.

## Halloween Festivities at Banbury – Wednesday, October 31

### Primary Division: K-3

The primaries will be parading in their Halloween costumes in the afternoon. The parade will leave the school at approximately 2:30 and walk along the following route: Banbury Heights (tarvia) along Banbury Road to Coulbeck Road, through the walkway back to the tarvia area. In case of inclement weather, the parade will take place inside the school. Parents/Families are welcome to come out and view the parade at the school and along the route. Students may come dressed in their Halloween costumes. Students should NOT bring fake weapons, wear fake blood or wear masks inappropriate for an elementary school setting. Please respect the privacy and safety of all students by taking photographs at home.

### Junior and Intermediate Divisions (4-8)

There will be a separate junior and intermediate dance on Tuesday, October 31. The juniors will have a dance in the gym at 12:45-1:25pm. The intermediates (7-8) will have their dance at 2:05-3:00pm. A non-perishable donation for Banbury Heights food drive is always appreciated.

See **GUIDELINES FOR COSTUMES on pg 2...**

### REPORTING STUDENT ABSENCES

Please assist us by calling the school to let us know if your child is absent. This will reduce the number of phone calls our secretaries will need to make each day to follow up. You can always leave a message on our voice mail as well.

### BELL TIMES

**8:45 am:** Entry Bell

**10:45am – 11:25am:**  
First Nutrition Break

**1:25pm – 2:05pm:**  
Second Nutrition Break

**3:05pm:** Dismissal



*You are cordially invited to join us at our next **Home and School Meeting, on Tuesday, November 6 (in the Library). We really need you! Everyone is welcome!***

#### PEANUT BUTTER & SUBSTITUTE REMINDER

As we settle into our daily lunch routine and look ahead to Halloween, we would like to remind everyone that Banbury Heights is a peanut and nut-aware school. Please be diligent in packing lunches to ensure that products contain (or may contain) nuts are not included. Chocolate product labels also need to be read since many chocolate products either contain nuts or are made in facilities in which nuts are used.

In the past, home baked goods, candies and chocolates were often sent to school to be shared during special events like Halloween parties. **Though home baked items that are made peanut- and nut-free may be brought to school in lunches consumed by your child only, they can no longer be accepted to be shared with classmates.**

Prepackaged treats must indicate that the food is free of nuts and tree nuts. Please check the labels before you purchase any items that will be shared with others in the school. Thank you for your cooperation.



On Thursday October 11<sup>th</sup> (International Day of the Girl), **the Intermediate girls** from Banbury will be teaming up with Intermediates from Cobblestone and Central to celebrate the International Day of the Girl. Mrs. Cronkwright and Mrs. Matthews will be facilitating the workshop and our amazing leaders will assist us in kicking off the year and teaching two other schools how powerful we are when we stand together and empower each other. The event will take place at Central School and buses will be provided.

The day will focus on leadership and empowerment and the topics will be driven by our participants. We will be facilitating meaningful and valuable conversations and give the girls an opportunity to have their voices heard as they discuss topics relevant to them.

#### TERRY FOX/HALYK RUN

We had a wonderful day of weather to complete the Fox/Halyk run on Friday, Sept 28. Students ran to raise awareness and funds in order to support Cancer research. The Grades 4 to 8's also brought their "Braveheart" spirit to the Terry Fox event that was held at Kiwanis Field on September 27. A special thanks to all our parent volunteers and congratulations to everyone for representing our school with pride!

#### PICTURE DAY AT BANBURY

##### Wednesday, Oct 17

Kent, Gregory, Ott, Karolyi  
– KP Wilhelm (Mann) – 1;  
Price 1; Butler 2; Medeiros  
2-3; Hughes 3; Corpse 4;  
Iliopoulos 4/5

##### Thurs, Oct 18

Murray – 6; McDougald  
– 5/6; Shearim (Jr. Tech);  
Stevens – 7; Matthews –  
7/8; Cronkwright - 8

#### GUIDELINES FOR COSTUMES:

- No bare midriffs or "revealing" clothing, appropriate shoes must be worn, etc.
- You must be able to sit, walk, breathe, see and hear! (no masks that cover the face).
- Costumes cannot promote use of drugs, alcohol or weapons of any kind!
- No pretend "prop" weapons such as water pistols, knives or swords!
- All school rules will be enforced (i.e., no bikes or skateboards, etc.).
- costumes may not be offensive or inappropriate in any way
- Some of our students are still only 3 years old. Please avoid costumes that are overly scary or graphic.





## Power Up Your Breakfast

Breakfast is a nutritious and delicious way to start the school day **and important!!!!**

To help your child do their best in school this year and keep their energy up throughout the day, start them off with a breakfast of champions. Children who eat a balanced breakfast will perform better in school and will develop healthier eating habits as they grow older. To make each morning's breakfast a breeze, keep these easy tips in mind:

1. Keep a well-stocked kitchen: Have whole-grain cereals, milk, yogurt, whole grain breads and bagels, fruit, peanut butter, and cheese on hand.
2. Prepare in advance: Prepare the night before. Set the table, cut up any fruit and have cereal all ready to go for the next morning.
3. Wake up earlier: Waking up a little earlier will allow for a more relaxed breakfast.
4. Include everyone: Include children in planning and making breakfast by letting them choose breakfast items and getting them to help you clean up afterwards.

Variety is the spice of life: Include foods from at least 3 of the 4 food groups (Canada's Food Guide) and make breakfast an exciting time by trying these quick and easy breakfast ideas:

- \* Grilled cheese sandwich with melon slices on the side
- \* Smoothie made with fruit, yogurt, and nut butter
- \* Scrambled eggs wrapped in a tortilla with milk on the side
- \* Whole grain cereal or trail mix stirred into yogurt with a piece of fresh fruit
- \* Whole grain cereal, banana and milk

For even more healthy living tips and ideas, visit Eat Right Ontario [www.unlockfood.ca](http://www.unlockfood.ca) or speak to the public health nurse at your school.

... And don't forget: Banbury Height's School Breakfast Program runs every Monday and Friday for students in K-8 who have brought back their signed permission forms. Breakfast begins at 8:15am.



As you already know, the school year is full of due dates and deadlines, and at times, we understand that students and parents may feel added stress in their already busy lives, we will do our best to give you plenty of time to help us stay on track. Remind your child regularly that any permission or order forms that come home need to be brought to your attention. On food days, orders need to be placed by a certain time, and we can't guarantee being able to accommodate late orders. In the case where permission forms for trips are due, Grand Erie District School Board policy states that the official Permission Form must be signed and returned. Hand written notes, or verbal (over the phone) permission is not acceptable as "informed consent" because of liability. Therefore, it's absolutely necessary that permission forms come in on time. When a school trip occurs, and the form has not been returned, the child will not be permitted to leave the school for the trip. We thank you for your cooperation

### **Upcoming Dates:**

#### **October Dates for Banbury:**

- Oct 2** – PD DAY – No school for students
- Oct 8** – Thanksgiving – School Closed
- Oct 9** – Gr 7 & 8 Parent Info Night from "Perspectives" (6:30pm in Gym)
- Oct 9** – EQAO Individual Student Reports go home
- Oct 10 & 24** – Pita Days
- Oct 5, 12, 19, 26** – Pizza Days
- Oct 11** – Int. Girl's Summit (Gr 7 & 8 at Central School)
- Oct 11** – Snack Program Begins (Tuesdays and Thursdays)
- Oct 12** – Ned Show (K-8) 2:05pm in Gym
- Oct 16** – IEP's come home
- Oct 17** – Picture Day (K-5)
- Oct 18** – Picture Day (5-8)
- Oct 22** – Municipal Elections at Banbury all day (Gym Closed)
- Oct 23** – Immunization Day (Gr 7 & 8)
- Oct 24** – Dress Purple Day – (in recognition of child abuse)

#### **Other Important Dates:**

- Oct 1** – Shmini Atzeret (Judaism)
- Oct 2** – Simchat Torah (Judaism)
- Oct 5** – World Teacher's Day
- Oct 8** – Thanksgiving
- Oct 11** – International Day of the Girl
- Oct 31** – Halloween



# United Way Brant

**Change starts here.**

During the month of October, we will be raising money to support programs funded by the United Way. Knowing that our community members access many services provided by the United Way, we like to find ways to give back to these programs. So this month, we are asking for your spare coins. If you have coins lying about your house, in between your couch cushions or car seats, please send them in with your child. We will be giving the students an opportunity to help us fill a "Bucket for Brant" United Way. Thank you! Every cent helps!



Parking in the vicinity of schools is an ongoing safety issue and often results in congestion problems in or near the parking lot, and on streets adjacent to the school. Safety of our students is our number 1 priority always.

Make sure you observe and obey the signs around the schools and keep an eye out for children.

**No Stopping** and **No Parking** zones are clearly marked. Parking Enforcement Officers will issue tickets in accordance with the City of Brantford Traffic & Parking By-law. We apologize for any inconvenience this creates, but this is an issue that most schools face, and solutions require the support and cooperation of everyone. **The school parking lot is not a school drop off or pick up zone.** Please consider the side streets and walk with your child if you are bringing them directly to school. Remember, supervision begins at 8:35 am and if it is an inclement weather day (sign will be on the front doors), we will let students in at 8:30. We ask that you are respectful to the community neighbours around the school and do not block their driveways even if it's "just for a few minutes".